



Spread the word. **Support your community.**

- Share our materials with friends, family, colleagues and neighbors.
- Encourage soda free policies at children's sports leagues and sporting events.
- Support healthy food sales at school fundraisers.
- Host a soda free party or potluck.
- Suggest a soda free policy at your child's childcare or summer day camp.
- Advocate for a soda free policy at your place of work.
- "Like" us on *facebook* and suggest our page to your friends.